Luverne Community Education

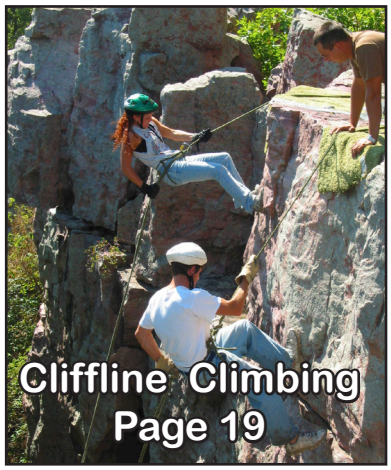
Lifelong Learning for Everyone

listen

teach

explore

learn



"Education is a continual process, it's like a bicycle...
If you don't pedal you don't go forward." ....George Weah

Fall, 2019
Volume 35 Issue 1 - Luverne School District #2184

Caring for you

in Luverne

No matter your health needs, at Sanford Luverne we're committed to providing you with the care you deserve. We offer a full range of services right here in Luverne.

Timothy Ceynowa, MD
Family Medicine

Judy Chesley, MD
Family Medicine

Stephen Chesley, MD
Family Medicine

Diane Kennedy, MD
Family Medicine

Zachary Nolz, MD
Family Medicine

Austin Spronk, MD
Family Medicine

Jennifer Thone, MD
Family Medicine

Myles Tieszen, MD
General Surgery

Nicole Woodley, MD
OB/GYN

Johnathan Pap, CNP
Family Medicine

Katy Zogg, FNP-C
Family Medicine

Call (507) 283-4476 to make an appointment today.

SANFORD LUVERNE CLINIC
1601 Sioux Valley Dr.

SANFORD HEALTH

018019-00591 7/19

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"Cover picture of rock climbers from *Rock County Star Herald* photo by Lori Sorenson."

Minnesota Open Enrollment

Pick up applications from the school district office. Student and family must meet with resident district staff to discuss reasons for leaving. The family must send one application per child to the nonresident district by January 15 for enrollment during the next school year. Once the application is accepted, families have until March 1 to make a final decision as to whether or not the student will attend the new district .

For information, contact the district office at Luverne Public Schools at 283-8088.

OPEN ENROLLMENT DEADLINE IS JANUARY 15.

Luverne Community Education Advisory Council

Karen Willers, Director
Jon Schomacker, Summer Rec. Director
Cindy Arends, Secretary

Angela Ahrendt
Keith Aanenson
Mary Brown
Molly Carbonneau
Stacy DeBates
Lisa Dinger
Sara Hartquist
Calla Jarvie
Jacqueline Johnson
Diane Kennedy
Carol McDonald
Kelsey Maeschen
Dan Nath
Kyle Oldre
Roz Oye
Heidi Sehr
Reva Sehr
Lauren VerSteeg
Codie Zeutenhorst

Community Education
phone 283-4724/fax 283-2413
web site www.isd2184.net

Community Education Staff

Karen Willers ..... Director
Jon Schomacker ..... Summer Recreation Director
Cindy Arends ..... Secretary
Angie Janiszeski..... Discovery Time Teacher
Debbie Mitchell ..... ECFE/Discovery Time Teacher
Lisa J. Nath ..... ECFE Parent Ed Teacher
Kathy Fritz ..... ESL/GED/ABE Teacher
Dixie Aanenson..... Early Childhood Assistant
Stacey Rolling..... Early Childhood Assistant
Denise Fick ..... Early Childhood Assistant
Jen Bose ..... Early Childhood Assistant
Angela Sneller..... Early Childhood Assistant
Emily Evers..... Child Care Provider
Lisa Gustafson-Hofteizer ..... Child Care Provider
Karmen Vis .....FamilyU Coordinator
Wendy Nath.....FamilyU Assistant
Glenda Schneekloth .....FamilyU Assistant
Maggie May .....FamilyU Assistant
Brenda VanderZiel .....FamilyU Assistant
Aimee Richters.....FamilyU Assistant
Missy Fick.....FamilyU Assistant
Bethany Topete .....FamilyU Assistant
Shelley Krueger** .....Birth - 3 years ECSN Teacher
Rebecca Runnoe** .....3 - 5 years ECSN Teacher

***Elementary Staff*

Registration and Participation Information

Preregistration (with payment) is required to complete your enrollment in class.

MAIL
Community Education
709 N Kniss
Luverne MN 56156

IN PERSON
South Side of School
Community Education
Door Labeled #S4

DROP BOX
To the Left of the
Community Education
Door Labeled #S4

PHONE
(507) 283-4724

FAX
(507) 283-2413

EMAIL c.arends@isd2184.net

*Payment in advance is required to secure your registration spot. **A $5.00 late fee will be applied if payment is not received prior to class.**

*Registering early is recommended, but at least 3 days in advance. Great classes are cancelled when everyone waits to the last minute to register.

*If a Community Education class is cancelled due to low enrollment, fees are refunded. Refunds will be made if the participant cancels at least 24 hours prior to class, unless there is a registration deadline. Full refunds will not always be possible when there are registration deadlines, since supplies or tickets have been purchased.

Office Hours
Monday through Thursday
• 7:45 am - 4:30 pm
Friday 7:45 am - 4:00 pm

*Weather cancellations will be announced on 800 AM/101.1 FM and on the website www.isd2184.net. **Classes will not be held when Luverne school is cancelled or dismissed early due to weather.**

INDIVIDUAL REGISTRATION FORM

Make checks payable to Luverne Com. Ed. and send to 709 N Kniss, Luverne MN 56156

Class #_____Class or Event _____ (Size if Needed) _____ Fee_____

Class #_____Class or Event _____ (Size if Needed) _____ Fee_____

Name_____ Birth Date (thru age 18)_____ Grade_____

Address _____City_____ Zip_____

Phone Number (home)_____ (work or cell)_____

Email--list only if you check frequently_____

Driver's License Number (Defensive Driving Class Only)_____

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Phone Number (home)_____ (work or cell)_____

Email--list only if you check frequently_____

Driver's License Number (Defensive Driving Class Only)_____

Follow Us on Facebook!

Luverne Community Education
Nature Explore Outdoor Classroom, Luverne MN
Discovery Time Preschool, Mrs. Angie
Discovery Time Preschool- Miss Debbie's Class
Luverne ECFE/Early Childhood Family Education

Great Websites!

Parenting Information by Age Group -- helpmegrowmn.org

Luverne Community Education -- www.isd2184.net/Community_Ed/index.html

Discovery Time Preschool --*ajaniszeski.wixsite.com

Visit our school website at www.isd2184.net

School Website Address **https://www.isd2184.net**

Select Com Ed HERE

Look for Cancellations Here

Other Parent Links:
Brochures
New Resident Info
Defensive Driving
FamilyU
Student Drivers Ed
Nature Explore
Preschool
Summer Rec

Minnesota Early Childhood Screening -- Do Ahead of Age 4

Taking Appointments Now for January 31 for children

with <u>birthdays between March 1, 2016 and October 1, 2016</u>

Call <u>283-4724</u> to schedule your appointment time.

***This Early Childhood Screening** is mandated by Minnesota State Law for 3 year old children.

*Limited spots set up each half hour beginning at 8:00 AM, taking about 90 minutes of time.

* Consists of fine/gross motor skills, language development, concepts, height/weight, vision, hearing, health history and immunization reviews.

*Children **who are 4 years of age or older already,** who have not been screened, should call for an appointment. *All children must have this screening prior to attending kindergarten.*

*To make sure you receive information about screenings, preschool programs, kindergarten round up and to help the district plan for enrollment, families new to the district are asked to call 283-4724 to be added to the school district census.

*If you have a new baby, please call 283-4724 to add the name to the census**.**

*Free developmental screenings are also available for children 0-2 years**.**

FamilyU After School Child Care (Kdg - Grade 5)

This child care program, which runs year-round for students in grades K- 5, is located in **Elementary School Room 210. Care is provided from 3:30 to 5:30 on school days and continues full days during the summer months in conjunction with Community Education's Morning Rec program.** No care is provided during holiday breaks, on all-day inservice days or on days when school is dismissed early because of weather.

Children participate in games, arts and crafts, character building and self-esteem activities. Children play outside daily, weather permitting. During the school year, time is set aside for homework and reading. During the summer, field trips, swimming lessons, library outings and more are planned into each week.

Program fee during the school year is $22/week. During the summer, rates are $65/week for the half days during the weeks of Morning Rec and $100/week for the weeks of full days. There is an additional summer activity fee.

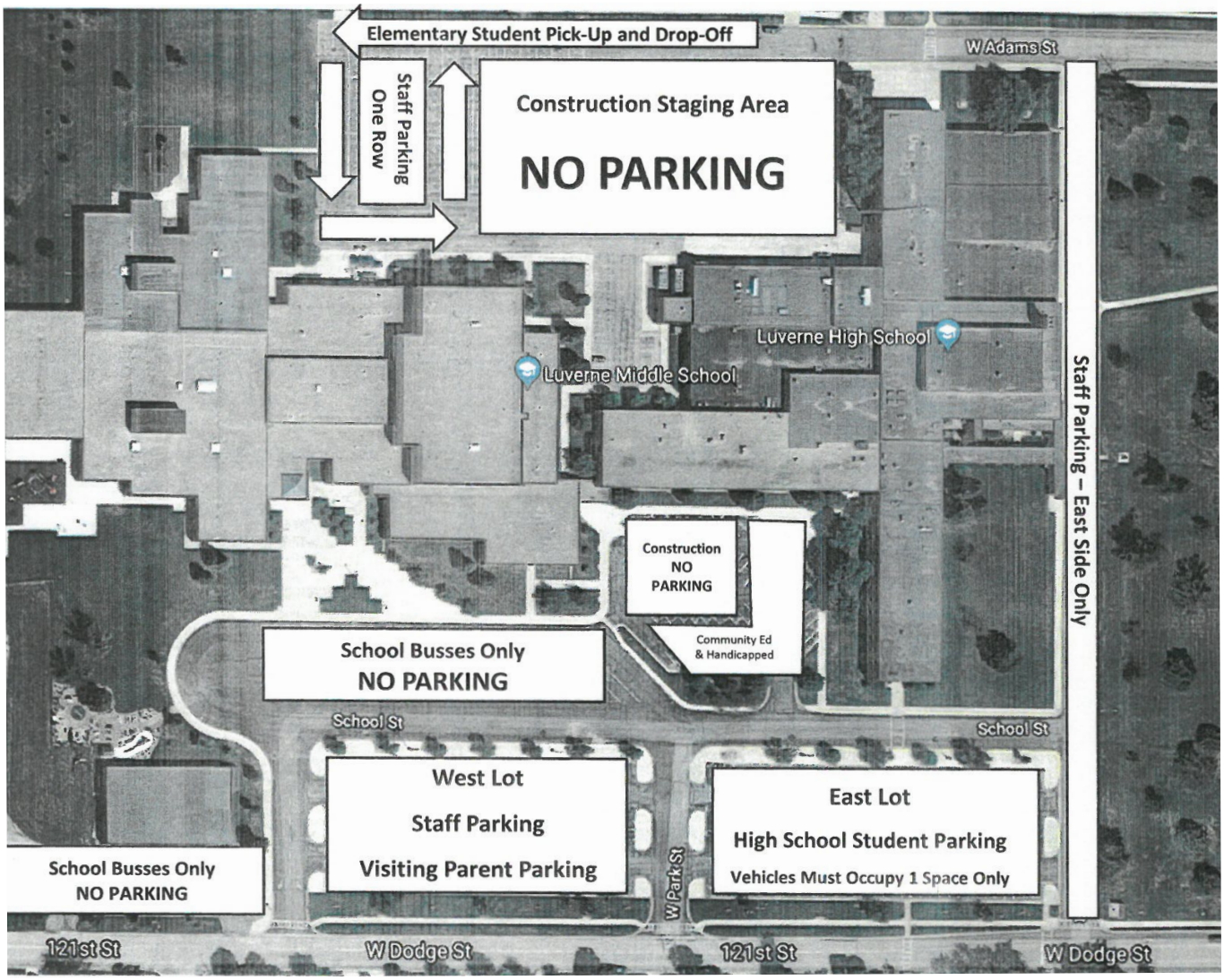
Register at Community Education in May for Morning Rec. Payments are due in advance for every 2 weeks.

Registrations are accepted throughout the year if there are openings. Names may be placed on a wait list for available openings with a 2 week non-refundable deposit fee that will be applied to your first child care payment. First priority is given to year round care, then school year care. On May 11, if there are no summer openings, the deposit fee will be refunded. On September 9, if there are no school year openings, the deposit fee will be refunded. **Call 283-4724 with questions.**

School Project Update

Craig Oftedahl, Superintendent

The construction project is about six months behind us and much work has been completed. Demolition, abatement, new plumbing, new electrical, fire suppression, and security has been the focus thus far. We are getting the building put back together on the second floor, west wing. School begins on September 16th and we are excited to welcome students back. There will be some hurdles to overcome, but our staff and administration look forward to the challenges that lie ahead. Classrooms are getting very close to completion and we look forward to occupancy within the first couple of weeks. We know that some dirt and dust will be present throughout the project and ask for patience and flexibility. The biggest obstacle will be no passage from the elementary building to the middle/high school building. The Link has been demolished and we will not have passage available during the entire 2019-2020 school year. A reminder that we will again have longer days (8:00-3:30) to accommodate our construction calendar. I urge you to check out our website for construction photos and the latest information on what is happening with construction.



Big Buddies Of Rock County

Big Buddies Needs YOU!

Big Buddies is seeking mentors for children living in our community. Growing up is hard work! A mentor can make the difference as to whether or not a child succeeds in developing the self-esteem and confidence necessary to grow into a healthy, productive adult.

5 Top Reasons to Mentor

1. Have Fun
2. Gain Personal fulfillment.
3. Expose a child to opportunities they might not otherwise have.
4. Help a child make better life choices.
5. Form a meaningful relationship.

Find out how easy it is to make a difference in a child's life.

For information or an application, **contact Stacey Schepel at (507) 920-8856**

"A mentoring program making a difference in the lives of Rock County **Kids."**

Does Your Child Need

.....another adult role model?

.....to spend more time with peers?

.....fun things to do after school?

.....a more active lifestyle?

The **Child Guide** program's goal is to build assets in children so they can lead a more productive and happy life by connecting them to activities and getting them involved. Child guide **will help connect children to different activities, will help with rides to and from activities, and will help pay participation fees.**

Contact:

Mrs. Lisa Dinger, Child Guide
Luverne Elementary School 283-4497

Follow Along Program

- Periodic Questionnaires Are Sent To You Asking How Your Child Is Growing, Playing, Talking, Moving, And Acting
- A Fun Way To Get Ideas About "What To Teach" And "At What Age" To Teach It
- A Good Way To Learn About Your Child's Health And Development
- Receive Sheets With Fun Activities For You To Do With Your Child
- For ages birth through 3 years old
- NEW! Online enrollment: https://cfhp.health.state.mn.us/fap/

New Recommendations!

Child and Teen Checkups

Is it time for a Child and Teen Checkup (C&TC)? Regular checkups help keep children healthy. Call your doctor today to schedule your child's Child and Teen Checkup visit.

- ✓ *1, 2, 4, 6, 9, 12, 15, 18, 24 And 30 Months*
- ✓ *Checkups Are Recommended Every Year Starting at 3 Years Through 20 Years!*

SOUTHWEST HEALTH & HUMAN SERVICES

1-888-837-6713

WWW.SWMHHS.COM

Serving Lincoln, Lyon, Murray, Pipestone, Redwood & Rock Counties

Luverne Community Education Discovery Time Preschool

Use September 1 of school year to calculate age as you register.

$35.00 non-refundable registration fee due with registration.

Class #:	Teacher	Ages	Days	Time	8 Tuition Payments
S2130	Mrs. Angie	3 Year Old	T/Th Morning	8:30 - 11:15 am	$118 Monthly*
N2234	Miss Debbie	3/4 Year Old**	T/Th Afternoon	12:45 - 3:30 pm	$118 Monthly*
N3134	Miss Debbie	3/4 Year Old**	MWF Morning	8:30 - 11:15 am	$135 Monthly*
S3140	Mrs. Angie	4 Year Old	MWF Morning	8:30 - 11:15 am	$135 Monthly*
N3240	Miss Debbie	4 Year Old**	MWF Afternoon	12:45 - 3:30 pm	$135 Monthly*
S5240	Mrs. Angie	4 Year Old***	MTWTHF Afternoon	12:45 - 3:30 pm	$253 Monthly*

OPEN

Tuition Subject to Change. Advance payments begin August 15 through March 15 (8 Months).
Scholarships for Free/Reduced Fees available by application if state funding is made available.
****These classes are made possible with EL Scholarship funding and subject to change if funding is reduced.**
*****If the 5 day/week class does not meet the minimum enrollment, it will become a 3 day/week class.**
Students with older siblings in school may ride the school district bus home from afternoon classes.

There are openings now for Fall of 2019.
AND
Taking registrations now for the Fall of 2020.

*****Highest 4-STAR Parent Aware Rated*****

* Licensed, experienced teachers will collaborate to prepare the curriculum with developmentally appropriate activities using art, stories, songs & more from the Creative Curriculum Series
*Indoor and outdoor classrooms provide a fun/safe area for children to be challenged with new academic and social learning situations.
*Access to early childhood special education staff
*Fun ways for children to learn group skills:
  Develop self confidence
  Adapt to new situations
  Get along with others
  Listen/pay attention
  Problem solve
  Follow directions
  Learn to share
  Take turns
*Register now for 2019-20 school year. Use child's age as of 9/1/19

*Children must complete an early childhood screening within 90 days of enrollment
****Early Learning Scholarships for free or reduced fees available for those who qualify**
*Legislation requires priority enrollment be given to children with greater needs, although most children in the Luverne school district are able to participate.
*Children may ride school bus home at 3:30 with an older sibling.
*Some transportation assistance available
*Students do not need to be *fully* potty trained
*Pick up registration forms at Community Education. Limited to 20 children/section.

Early Childhood Family Education

Community Education, 709 N Kniss Ave, Luverne, MN

Learn. Play. Connect.

Create memories with your child! ECFE provides an opportunity to slow life down and enjoy your child. They seem to grow up in the blink of an eye!

Eleven (11) Weeks of Class - Call 283-4724 to register.

No Classes -- October 15 & 17, November 26 & 28.

Babies, Babies, Babies Birth to Walking

Parents and infants explore the world in a unique way. Enjoy activities in the areas of movement, sensory experience, music, and exercise. Parents learn about their baby's emotional, social and physical development through discussions based on the interests of the group. Parents and infants do not separate in this class. If Tuesday morning is not good for you, please call 283-4724 and suggest alternate times!

Tuesdays 8:30 - 10:00 am
September 24 - December 17

Ready, Set, Play 2 - 5 years

The ability to play is one of the single most important factors in determining success and happiness. It is essential for social skills, adaptability, intelligence, creativity and problem solving. This class looks at how play shapes the brain and opens the imagination. Children will spend time in the Nature Explore Outdoor Classroom, too.

Tuesdays 10:00 - 11:30
11 week class September 24 - December 17

Toddler Togetherness 1 - 2 years

Little ones are very curious and get into everything! Bring them to explore in both indoor and outdoor classrooms set up especially for little ones, with creative learning and sensory activities. Parent discussion topics include help with separation issues, learning through play, temper tantrums, language development and more.

Thursdays 8:30 - 10:00 am
11 week class September 26 - December 19

Family Fun 0 - 5 years

Parents and child(ren) spend time together enjoying activities designed to enhance their learning. During a short separation time parents will discuss parenting issues such as development, temperament, and discipline. Children will enjoy music, art, puzzles, games, stories, and exploring nature in the outdoor classroom with other children.

Tuesdays 5:30 - 7:00 pm
11 week class September 24 - December 17

Everyday Parenting 0 - 5 years

Playing and learning together strengthens the parent/child bond. Come to gain knowledge of child growth and development, temperament styles and discipline techniques. Children benefit from learning activities with parents and other children. Time will be spent in the Nature Explore Outdoor Classroom, too.

Thursdays 10:15 - 11:45 am
11 week class September 26 - December 19

One Time Classes -- Call 283-4724 to register.

Outdoor Play Time 0 - 5 years

Join us for a fun time using the Nature Explore Outdoor Classroom. **Dress to be outside.** Choose from the times listed below. Free activity, but registration requested.

Tuesday, September 17 10:00 - 11:00 am
Tuesday, September 17 5:30 - 7:00 pm
Thursday, September 19 10:00 - 11:00 am
Location: Nature Explore Outdoor Classroom
Fee: No fee, but register by calling 283-4724 to specify which class you will attend.

Fall Time Fun 0 - 5 years

Children ages 0-5 years with parents are invited to come for outdoor fun doing fall activities and seeing the goats, chickens, and kitties. Meet at Harmony Garden located at **114 US Hwy 75 (16 miles north of Luverne.)** Each child will receive a pumpkin to take home.

Thursday, October 3 5:30 - 6:30 pm
Fee: $8.00 Register by September 26
Location: Harmony Garden 114 US Hwy 75

**ECFE is based on the idea that the family provides a child's first and most important learning environment.*

**Classes are open to all families in Luverne School District with children 0-5 years of age. Families open enrolled to Luverne Schools are also welcome.*

ECFE Classes At A Glance Meet In Community Education Rooms 801 & 802	
Tuesday	**Thursday**
Babies 8:30-10:00	**1-2 yrs 8:30-10:00**
2-5 yrs 10:00-11:30	**0-5 yrs 10:15-11:45**
0-5 yrs 5:30-7:00	WE ♥ KIDS!

Grandparent & Me 2 - 5 years

Grandparents (or special adult) are invited to come for a memorable morning of activities and projects for this special time together. Grandparents will leave with some new insights and ideas that will make grandparenting even more enjoyable.

Tuesday, November 26 10:00 - 11:00 am
Location: CE Room 802
Fee: No fee, but register by calling 283-4724

Please use* **sibling care *for your preschool child not enrolled in the ECFE class. Caring staff provide plenty of TLC for infants through kindergarten age children. Recommended fee is $2.00 per child per class, but fees may be waived at your request.*

Holiday Cookie Decorating

Monday, December 16
5:30 - 7:00 PM
Community Education Room 802
Register & Pay $5 fee/child to Community Education

for children ages 2 to 5 years with parent or grandparent

Children ages 2 to 5 years, accompanied by an adult, will enjoy hearing a holiday story. Following the story, each child will decorate cookies to take home. Please bring a container for your cookies. Santa and Mrs. Claus will be on hand to give each child a new book to take home.

Call 283-4724 to register or with questions.

Brought to you by ECFE, Community Education, Rock County Community Library & Friends of the Library.

Prairie Ecology Bus Event: Turtle Time

Turtle friends like "Franklin the Turtle" and "Tiny Tim" have been winning the hearts of preschoolers for years! **Children ages 4 - 5 years of age along with a parent/adult** -- come, join the staff of the Prairie Ecology Bus to become fast friends with live turtles. Two aquatic and one land turtle will come for a visit to teach children all about their lifestyles. Are they really as slow as the stories say? You will learn about these unique critters' lives through stories, songs, movement and craft activities. Limited class size, register early. **(NOTE: Wednesday PM Discovery Time students will be attending during their class time. No need to register.)**

Day: Wednesday, October 2
Class #: T201 1:00-1:45 pm
Class #: T202 2:15-3:00 pm
Time: Choose from above
Instructor: PEBC Staff
Location: CE802
Fee: $5/parent & child pair ** (additional child $3)

Made possible by the Harvey Ordung Perpetual Fund for Community Education

Volleyball
(Grades 5, 6)

This volleyball program is designed to teach students the fundamentals-- serving, scoring, blocking, spiking, great new drills, etc. A tournament will be played.

Class #: V345
Instructor: Krista Ahrendt
Days: Monday/Thursday
Dates: September 30 - October 28
(No class MEA--October 17)
Hours: 3:45 to 5:15 pm
Sessions: 8
Location: South Small Gym
Fee: $25

Building & Room Key
ES -- Elementary School
MS -- Middle School **HS** -- High School
CE -- Community Education
Nature Explore OC -- Outdoor Classroom
Cardinal Gym -- Elementary School
MS Gym -- High School
Small Gyms -- High School

Runnin' for Fun!

Your child will have fun exploring and improving his/her personal running ability at a Cross Country Race! Length of course will be adapted to suit the different grade levels. Junior high students welcome--you **do not need to be** part of a cross country team to participate. Meet the runners of LHS Cardinal cross country team. There are winners at every age level. **Open to ages Kindergarten and older.**

Class #: R300
Instructor: Head Coach Pete Janiszeski
Date: Friday, September 27
Time: 4:00 - 4:45 pm
Session: 1
Location: West of High School Track
Fee: $5

SpotLIGHT
Award Winning Studio

Spotlight Dance has received many high point, first place, Grand Champion and special judge's awards at the national and regional level.

Affordable Dance Fees
*Preschool -35 minute class - $29/month
*Kindergarten - Adult Class - $35/month
**Deep Discounts Available for Class & Family Savings* -$12.00 additional per child or per class.
*Register at (612) 210-0857

K-2 Basketball

Help your son or daughter, grades K-2, develop a love of basketball with this introductory camp where they will work on basic skills. Great fun and exercise! Must wear gym tennis shoes. (Remember to bring the shoes back to school each Monday!) Come to Cardinal Gym except weekend of Winterfest -- go to HS Gym.

Class #: B202 Girls 8:00 - 9:00 AM
Class #: B208 Boys 9:00 - 10:00 AM
Instructors: Jason/Ashley Mundt
Day: Saturdays
Date: Nov. 16 & 23, Dec. 7 & 14, Jan. 11 & 18, Feb. 15 & 22
Hours: Girls & Boys Times -- See Above
Sessions: 8
Location: Cardinal Gym -- except Dec. 7 & Feb. 22 in HS Gym
Fee: $15**

***Denotes instructor will donate salary to the Opportunity Fund.*

Cheer Camp

Students in grades K-5 will learn a dance, along with cheers and their actions. (Snack will be provided.) Participants receive a free pass to attend the 7:00 football game that night, a rooter pom and a cardinal tattoo. Cheers will be performed with the cheerleaders during the first quarter of the game and the dance in-between the 1st and 2nd quarters. Students need to sit with their parents during the game. Remember to wear red and white. NOTE: Parents, please pick up your child promptly at 5:15 so that the cheerleaders have time to get ready for the game.

Class #: C220
Instructor: Leah Radisewitz & Cheerleaders
Dates: Friday, September 27
Time: 3:30 - 5:15 pm
Location: Football Field (inclement weather use the ES Cardinal Gym)
Session: 1
Fee: $12

Babysitting Basics

Students in grades 5-8 will learn about child development, play ideas, child care techniques (including discipline and behavior guidance), safety, first aid, and snack ideas. Students completing this class will be added to a babysitting list made available to parents. **Please bring a large doll or teddy bear to class.** Snack will be be served at the beginning of class.

SANFORD HEALTH

Class #: B101
Instructors: Sara Lanoue/Sue Sandbulte, Sanford Luverne Staff
Dates: Monday, November 4 and Thursday, November 7
Time: 3:30 – 5:15 pm
Location: CE 802
Sessions: 2
Fee: $15

LET'S BSAFE®

Home Alone

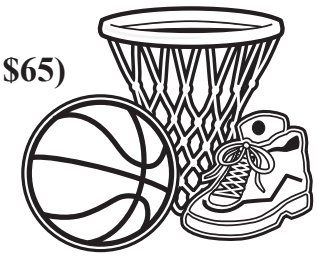
Just mention the words "Home Alone," and children think of the excitement depicted in the movies of the same name. The reality of being home alone can evoke fear and anxiety in many children. Whether left alone for an hour after school or several hours a day during the summer, children should feel comfortable being alone. This workshop, for **children in grades 3 - 6,** includes personal safety tips, tricky people, basic first aid, fire safety, handling the unexpected, internet safety, gun safety, dealing with loneliness and boredom, storm safety, dealing with siblings as well as trust and honesty. Students can bring a snack.

Class #: H191
Instructors: Samantha Woitalewicz
Dates: Monday, December 2
Time: 3:30 - 5:30 pm
Location: CE 802
Sessions: 1
Fee: $25

Cardinal League Basketball -- Grades 3, 4, 5, 6

Community Education and the Luverne Basketball Association work together to offer an intramural basketball program called **Cardinal League.** Players in **grades 3 - 6** are given an equal opportunity for playing time and improvement. All games and practices are held in Luverne in order to maximize skill development and focus on fundamentals, and to minimize travel time. There will be weekly practice and six (6) scheduled game dates. Teams will play two (2) games each scheduled date against the other intramural Cardinal League teams. The league will run from November through January. **New jerseys will be provided for grades 3 & 5 and to all new players. Players in grades 4 & 6 will wear their jerseys from last year.** Boys and girls play on separate teams, by grade level. Schedules will be mailed out just prior to the start of the season. All players begin on November 4 at the kickoff scrimmage.

Register for Cardinal League by October 16
Class # B346: Grades 4 - 6 Fee is $50 (if openings after Oct. 16 -- $65)
Class# B330: Grade 3 Fee is $30 (if openings after Oct. 16 -- $45)



Kickoff Scrimmages
November 4 -- 7:00 pm
Cardinal Gym
Grades 4 & 6 bring your jersey from last year! Grades 3 & 5 and new players will receive new jerseys at kickoff.

The **January 25 CE Invitational Tournament for Grades 5/6 is an annual event.** The income from this tournament pays for much of the CE basketball program. **Volunteer help from the 4th/5th/6th grade parents is essential to its success.**

Traveling Team Basketball -- Grades 4, 5, 6

For those players in **grades 4 - 6** who wish to play more basketball against other towns, there is **Traveling Team Basketball**. Playing time is not equal on traveling teams. This year the traveling teams will be playing in the Big Sioux Youth Basketball League in Harrisburg, SD. The league has a variety of teams, excellent facilities, good officials, and is very well run. The league also provides each player with a reversible jersey and shorts. The traveling teams will play 2 Saturdays a month in this league (usually every other weekend). *Traveling Team participants must participate in the Cardinal League above,* but the Luverne Basketball Association will pay the Cardinal League fee. If you choose to register your child for the Harrisburg league, **$105 is the only cost** and is paid online as follows: **Each parent needs to register their own child and pay the $105 fee online at www.bsybl.com by September 28.** This fee does include the uniform. The Basketball Association will take care of the Cardinal League fee along with any other tournaments that your son/daughter's coach chooses to attend. After you do your online registration for the Harrisburg league, send an email to luvernebasketball@gmail.com to give the name, gender and grade of your child. **Important: As you register, be sure under the "Player Profile" -- under the drop down box " School Banner Playing Under" -- select LUVERNE. If you do not, your child will be placed on another team.** If you have any questions or have problems registering, please email luvernebasketball@gmail.com and we will answer any questions. Schedules will be mailed out just prior to the start of the season.

Traveling Team Registration Deadline: September 28 -- do online at www.bsybl.com

Ozobots Unleashed

Students in grades 4-5 learn to design code using little toy robots that blend the physical and digital worlds. While you learn the basics of programming you can unleash your inner designer to create epic mazes, cityscapes and even race tracks. You will work with a teammate to design and teach your "ozobot" where you want it to go.

Class #: O185
Instructors: Amy Nelson
Dates: December 9
Day: Monday
Time: 3:30 - 5:00 pm
Location: CE 802
Sessions: 1
Fee: $11

Raku Saturday

Using glaze, heat, flames and cooling, the raku process transforms a plain gray piece into a glossy jewel! You will start class by choosing a piece of pottery bisque at the studio, then glaze and fire in Raku! (Open to adults and students, but those in grades 3 and under must attend with an adult.) It is an amazing process to watch, so spectators are welcome to attend at no cost, but please register. Pottery pieces range from $10 - $30 to be paid to the instructor at the studio.

Class #: R120
Instructor: Jerry Deuschle
Day: Saturday, November 9
Time: 1:00 - 4:00 pm
Sessions: 1
Location: Deuschle Studio, 1294 131st St
Fee: $5 plus bring money to studio to buy pottery piece--prices range from $10-$30.

Easy Crochet Project

Crochet a simple, but fashionable "cloche" (winter hat) with a coordinating scarf in a little more than 2 evenings! This is a perfect project for those who want to learn to crochet, but it is also a unique stitching pattern that those with more experience will also enjoy! Participants will need to bring a crochet hook size G or H and 2 skeins of multicolored yarn -- Red Heart Soft Touch recommended. **Open to grade 5 through adult ages.**

Class #: C282
Instructors: Mary Brown
Dates: November 12 & 19
Days: Tuesdays
Time: 7:00 - 8:30 pm
Location: CE 802
Sessions: 2
Fee: $17 bring 2 skeins of yarn and size G or H crochet hook

Hand Building Clay Class

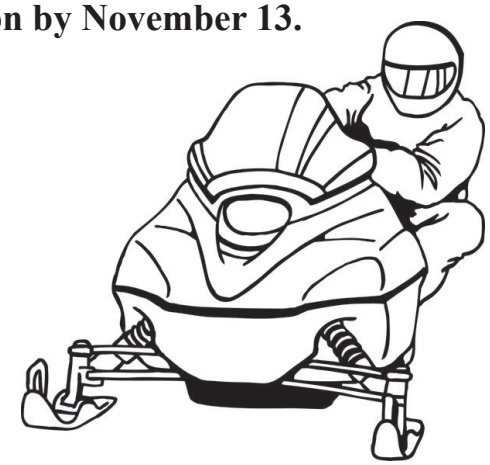
Participants grade 5 through adult will get a basic introduction into clay work: pinch, coil, and slab construction methods will be explored. Jerry has been a Minnesota West instructor for 15 years. Wear work clothes or bring a large apron as you will get dirty! There is a $10 material fee payable to instructor at first class. Minimum of 5, maximum 9.

Class #: H130 October 8 & 15
Class #: H135 December 12 & 13
Instructor: Jerry Deuschle
Date: Choose from above
Time: 7:00 - 9:00 pm
Sessions: 2
Location: Deuschle Studio, 1294 131st St
Fee: $25, plus a $5 material fee paid to instructor on first class date

Snowmobile Safety -- Online Plus Outdoor Course

Any resident born after December 31, 1976 is required to take a snowmobile safety training course to operate a snowmobile anywhere in Minnesota, including private lands. A course is available for **youth ages 11 and older**. The first step is to go to www.snowmobilecourse.com/usa/minnesota to complete the online course. **The course will take some time, so register early so that it is complete before the on-sled portion on Saturday, November 23.** The outdoor portion includes a presentation by DNR staff, a quiz over the online information, plus passing the on-sled outdoor training course. Dress to be outside. Lunch will be provided on Saturday. Call Dave at 220-3235 with questions.

Register for the outdoor portion by November 13.



Class #: S169
Instructor: Dave Severtson,
Adam Siebenahler
Online Portion: Complete Prior to Nov. 23
Outdoor Portion: Saturday, November 23
Outdoor Time: 9 am - 1 pm
****parents be prepared to pick up children -- some will finish earlier than 1:00.**
Sessions: 1
Location: CE Room 802
Fee: $10 (plus online fee $29.95 to DNR)

"CELEBRATING 69 YEARS"

TRI-STATE BAND FESTIVAL
SATURDAY—SEPTEMBER 28

Parade—Main Street—9:30 am
Field—Cardinal Field—12:30 pm
Featuring 28 Marching Bands!

7th Annual Halloween Trunk 'n Treat

Thursday, October 31
Main Street— Luverne
4 pm to 5:30 pm

ROCK COUNTY
October 25-26
ROOSTER REUNION

Fun for the whole family!

23rd Annual Winterfest
December 6-8

Events Daily!

Luverne Area Chamber & CVB
507-283-4061
213 E. Luverne Street
Www,LuverneEvents.com

Throwing on a Pottery Wheel

Participants grades 9 through adult will get a basic introduction into the potter's wheel including clay preparation, centering, opening and forming. Focus is on learning and improving skills not on producing products. Jerry has been a Minnesota West instructor for 15 years. Participants will select one (1) of their items to glaze and fire. Wear work clothes or bring a large apron as you will get dirty! There is a $10 material fee payable to instructor at first class. **Maximum of 6.**

Class #: Choose Week Nights or Saturdays
Instructor: Jerry Deuschle
Location: Deuschle Studio, 1294 131st St
Fee: $40, plus a $10 material fee paid to instructor on first class date

Day/Time: Choose Class Session Below
Sessions: 4
Class #: P255 October 5, 12, 19, 26
Saturdays, 1:00 - 3:00 pm
Class #: P260 December 2, 3, 4, 5
M/T/W/TH, 7:00 - 9:00 pm

Doers Welcome

Do you dream of owning your own home or making improvements to your current home? Home buying is one of the largest financial investments of a lifetime. The home buying process can be confusing and even stressful, with no "one size fits all" mortgage solution. Let the experts cover key topics and answer questions. How much can I afford? How do I get started? What type of loan programs are available? What is included in closing costs? Find a solution to make your dream home a reality.

Class #: D235
Instructors: Becca Renken, NMLS #1063385 & Patti Wieneke, NMLS #452922 from Minnwest Bank & Rob Barron NMLS #1482862 from Windsor Mortgage
Day: Tuesday, October 15
Time: 7:00 - 8:30 pm
Session: 1
Location: CE 802
Fee: No cost but please register.
****Fee paid by Minnwest Bank**

EQUAL HOUSING LENDER

Chunky Blanket

Grab some friends and join in the fun of this light-hearted, no-mistakes-possible class! Using your fingers, arms and super thick yarn, you will make a chunky blanket. Makes a great gift or is perfect for yourself on those cold winter nights!

Class #: C240
Instructors: Mary Brown
Dates: Tuesday, December 3
Time: 7:00 - 9:00 pm
Location: CE 802
Sessions: 1
Fee: $98 (includes $80 of supplies)
Registration deadline: November 12

Please register by November 12.

Youth Cliffline Climbing

for students in grades 4 - 12 register by September 27

Blue Mound State Park has some of the best rock climbing available in the Midwest! Take advantage of this fantastic opportunity to enjoy the park and learn rock climbing from the professional guides of Roca Climbing from Rochester MN. In addition to climbing, there will be knot-tying and geology education provided by *Friends of BMSP.* Registered participants will be eligible to win gift cards of up to $200 in value. Family members (including younger siblings) are welcome to come watch! **(No cost for the activity, but a State Park sticker required on vehicles or purchase a $7 day pass.)** If your child needs transportation, please contact Child Guide, Lisa Dinger, at 283-4497 or l.dinger@isd2184.net by September 27. **This activity brought to you by Friends of Blue Mound State Park, a grant from "Parks & Trails Council of MN," Luverne Optimist Club and Community Education.**

Class #: C240 8:00 AM – Noon
Class #: C245 1:00 – 5:00 PM
Instructors: Roca Climbing and Friends of BMSP Group
Date Saturday, October 5
(Rain Date: October 12)
Location: BMSP Climbers Parking Lot (south end of park just off Co. Rd 8)
Fee: Free, but Vehicles need State Park Annual Sticker or $7 Day Pass

Brain Health/Mental Wellness Educational Sessions

Please join the *#Luv1LuvAll* local mental health professionals focus group to learn about brain health and mental wellness. This is a FREE educational learning opportunity. We will gather the first Monday of each month (October-May, no December class) from 7:00 - 8:00 PM.

This class is intended for Luverne and the surrounding areas -- community members, parents, educators, first responders, farmers, business leaders, law enforcement, health professionals, church leaders, elderly, young adults, and adolescents over age of 16.

WE WELCOME EVERYONE TO ATTEND!

By engaging in these educational sessions, we are working toward ending the stigma associated with conversations about mental health. Please attend to help make your community stronger and healthier.

Each month a different mental health topic will be explored and education on ways to support mental wellness will be provided. Register for these free Monday evening classes by calling Luverne Community Education at (507) 283-4724. Continuing ed credit forms will be available. Please specify if you have transportation or interpretation needs as you register.

Class #L117 October 7 - Living With Depression, A Personal Account
Class #B124 November 4 - The Basics of Mental Health
Class #M136 January 6 - Mental Health Medication Information
Class #H143 February 3 - Healthy Relationships
Class #E152 March 2 - Eco Therapy/Mindfulness
Class #S266 April 6 - Substance Abuse
Class #S174 May 4 - Social Media/Screen Time/Impacts Today's Society
Day: First Mondays (October through May, No December)
Dates: See Above List
Time: 7:00 - 8:00 pm
Location: Luverne Com Ed Room 802
Fee: Free, but please call to register (507) 283-4724

SANFORD HEALTH

I care.
LET'S TALK!

Healthcare Safety: YOU Are Your Own Best Medicine!

Did you know that medical errors are now estimated to be the 3rd leading cause of death in the U.S.? Please join us for an interactive class where you will learn why medical errors sometimes occur in healthcare. You will also learn how you can manage your own and your loved ones' health care in ways that improve safety. We will present tools that can help your healthcare team be more informed about you. We will also explore effective ways to partner with your healthcare team as you navigate within and between your healthcare settings. This class is being taught by The Minnesota Alliance for Patient Safety (MAPS), a non-profit organization, whose goal is to change the way people think, talk about, and respond to preventable medical errors, as well as ensure that everyone is included in conversations about healthcare safety. Our mission is to advance safe care everywhere! Invited audience: Community members, hospital and clinic patients, long term care residents, healthcare employees and leaders in healthcare. *This event is being hosted by Sanford Luverne Medical Center and is being supported by the broader Luverne healthcare community and partially funded by M.A.P.S. ***Please register by Monday, November 18, as a light meal will be provided.***

Class #:H140
Instructor: Lisa Juliar, Catherine Hinz
Date: November 21
Day: Thursday

Time: 5:30 - 7:30 pm
Loc: Sanford Luverne Medical Center -- Blue Mound Room -- 1600 N Kniss Ave
Fee: $5* Register by November 18

Cyber Security -- Educate Yourself Now!

- **Basic Computer Security**--Simple things you can do to protect your information.
- **What is Phishing?**--How can I tell what a phishing email looks like? What happens when I click on a link or an attachment?
- **Breaches**--What breaches have happened in the last year due to cyber security? What effect does that have on me? How do I protect my identity and information that was stolen?
- Computer Attacks --What are different ways hackers can steal information or take over a computer? What steps do they take and how do I protect against them.
- Protecting Children from Online Dangers--What parental controls should be in place? Are you familiar with tools to keep them safe (Cisco Meraki), whitelisting, blacklisting, or web filtering?
- Home Security Tips--Learn how to secure anything connected to the internet--including your phone.

Class #:C260
Instructor: Jared Schroeder, FFM Bank Security Analyst
Day: Monday, November 18
Time 6:30 - 8:00 pm
Loc : CE 802
Fee: $5**

****Made possible by Blandin Broadband Community Grant**

at the
LUVERNE CENTER

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DENTAL ASSISTANT DIPLOMA OVERVIEW:

- One-year
- 48 credit
- Hybrid delivery method; on campus and online
- 10 week extramural clinical experience

The Dental Assistant program is designed to prepare individuals for a career in a variety of oral healthcare settings. This may be as a clinical chairside assistant to a dentist or dental hygienist or as a non-clinical practice management assistant.

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AVAILABLE FALL SEMESTER 2019
AT THE PIPSTONE CAMPUS

- One-year
- 32 credit
- Diploma

CLASSES BEGIN AUGUST 26, 2019

The Plumbing and Heating Technology degree provides graduates with foundation skills and experiences in the construction and maintenance of plumbing and heating systems. Plumbers/heating technicians are in high demand and are an important part of public health and safety.

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Yoga

Vinyasa or movement melded with breath, is a sun salutations inspired class. Energize your body as you stretch and strengthen all of the major muscle groups. This class is appropriate for all levels. Expect to be challenged. Please bring a yoga mat, towel and water. **NOTE: No children may be brought along.

Session 1 Class #: Y154
Instructor: Stephanie Hoven
Hours: 7:00 - 8:00 pm
Days: Mondays
Dates: Sept. 23 - Oct. 28
Sessions: 6
Location: ES Multi-purpose area
Fee: $48

Com Ed classes are cancelled when school is cancelled due to weather.

Men's Basketball

Register by Oct. 30
Note: Only time offered this school year!

A minimum of 10 participants must register/ pay by October 30 in order for this class to be held. Men will play five-on-five or three-on-three basketball games. No scores or standings are kept. **Drop in players may pay $5/night which must be paid before taking part that night. **NOTE: This is an adult activity. No children may be brought along.**

Class #: B414
Instructor: John Sichmeller
Hours: 6:30 - 8:00 pm
Days: Wednesdays, Nov. 6 - Feb. 26
(No class Nov. 27, Dec. 25, Jan. 1)
Sessions: 14
Location: Cardinal Gym
Fee: $45 (or $35 paid by October 30)

Pickleball Is Here!

Thanks to a grant from LACF, Luverne has a pickleball court. Now YOU can learn the game and get in on the fun! Think of it as table tennis, meets traditional tennis, meets badminton. You have a net, a court, paddles and a lightweight ball (similar to a whiffle ball). Players can face off as singles or doubles, just like tennis. Anyone young or old can enjoy the game as the court is smaller than a tennis court, therefore play is more compact and slightly less strenuous. *Yet, because of its non-threatening nature, pickleball is a great way to get outside and have fun. You won't even notice that you are exercising as you play the entertaining game!* taken from "What is Pickleball" by Stephanie Hicks. Bring a paddle if you have one. Limited to 12 participants per section.

Class #P180 8:00 - 10:00 AM
Class #P210 10:00 AM - Noon
Instructor: Greg Antoine
Date: Saturday, September 21
Time: See Choice Above
Sessions: 1
Location: School Tennis Court
(rain location Elem Cardinal Gym)
Fee: $5**

Denotes instructor will donate salary to the Opportunity Fund.

Hallway Walking Jogging

Beginning October 1 through April 30, walk indoors in the **elementary hallways.** No charge for this class, but register and pick up your badge at Community Education. The designated early morning and early evening times are listed on your badge. **Register for class H128.**

ABE - ESL - GED Citizenship Classes

Free classes are open to those who are 17 or older and who do not attend any school. You may begin any time. Child care and transportation are available upon request, for daytime classes only.

ABE—Adult Basic Education classes—free online option to work on English skills, study for the GED or prepare for college in the comfort of your home or local library.

ESL (English as a Second Language): This is instruction to those whose native language is not English. Sometimes referred to as English Language Learning (ELL). ESL classes from the pre-literacy level to the advanced level, help students develop speaking, listening, reading, writing, and grammar skills to communicate effectively and function successfully within their workplaces, communities, and families.

GED (General Educational Development): This is a program which prepares students to pass the examination for a national high school equivalency diploma that includes a set of five tests (Math, Reading, Writing, Social Studies, and Science).

Citizenship: Preparation for US Citizenship would include preparing an application for citizenship and English language instruction if needed.

New Days
New Instructor
New Location

ESL Schedule Begins September 23
Mon/Wed/Fridays
9:00 a.m. - Noon

Community Education Room 802
Instructor: Kathy Fritz
Questions: Call 283-4724

GED/ABE by appointment only

Luverne Alternative School

Students (grades 9-12 through age 21) are able to earn their high school diploma by completing their course work at our Alternative School. Students may attend on a full time basis or be dual enrolled in the high school. There are options available for those 21 years old and older wishing to further their education. Should you know of a potential student, please feel free to contact Superintendent Craig Oftedahl at 283-8088.

Master Gardener™
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You could be a Master Gardener if you love digging in the soil. However, you may not realize the scope of their involvement in the community.

Minnesota Master Gardeners:

- assist with the county Garden Tour
- answer questions at the farmers' market
- assist with the community gardens
- partner with schools to teach students about composting
- lead horticultural therapy sessions for hospital patients
- empower people to grow their own food
- work with foresters to help limit the spread of emerald ash borer
- teach homeowners sustainable ways to manage yard waste
- improve the state's water quality with shoreline plantings and rain gardens

And there's much more, including you'll probably get to pull some weeds, too.
Applications for the 2020 Extension Master Gardener program are due October 1.
The next online class begins in January 2020 with class registration due by December 1.
Scholarship assistance may be available.
Contact the Rock County Extension Office at 507-283-1302 for registration information.

Are You Age 55 or Older?
Take Defensive Driving Class and Save Money!

*Lower your insurance premium as much as 10% -- check with your insurance company for a quote.

*Participants must be 55 years of age or older and start with an 8 hour class.

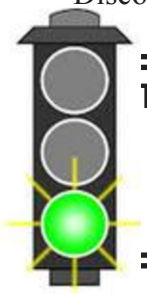
*Take a 4 hour refresher class every 3 years to keep the discount in place for your insurance.

*No tests to pass, just good information to help you keep your driving skills at their best.

*The National Safety Council provides the materials and instructor, Joe Roberts.

***Advance registration one week prior to class required -- Call 283-4724**

*Discount of $5 when paid ahead. Mail checks to Community Ed, 709 N Kniss, Luverne MN 56156



THANK YOU, Jim Harner, for over 26 years of teaching defensive driving classes--a job well done!
Happy Retirement!

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National Safety Council Defensive Driving Classes

The Next Full 8 Hour Class -- Minimum of 18 Needed

Class #801 Mondays, April 20 & 27 -- 4 hours each evening -- 5:30 - 9:30 pm

Fee: $30/prepaid or $35/paid day of class Location: Luverne CE Room 802

If you prefer a classroom experience, take advantage of this opportunity.

The Safety Council is seeing a trend toward online training due to difficulty in filling classes.

REFRESHER 4 Hour Classes at Luverne CE Room 802

#541:Thursday, October 3 5:30 - 9:30 pm
#561: Tuesday, November 26 1:00 - 5:00 pm
#581: Monday, January 27 1:00 - 5:00 pm

REFRESHER 4 Hour Class at Edgerton Public School

#591 Thursday, October 10 5:30 - 9:30 pm

REFRESHER 4 Hour Class Fee: $20/prepaid or $25/paid day of class

Register One Week in Advance of Class -- Call 283-4724

Mail payment to Luverne Com Ed, 709 N Kniss, Luverne MN 56156
Include your driver's license number, address and phone number.

CENSUS 101: WHAT YOU NEED TO KNOW

The 2020 Census is closer than you think!
Here's a quick refresher of what it is and why it's essential that everyone is counted!

Everyone Counts: The census counts every person living in the U.S. once, only once, and in the right place.

It's about fair representation: Every 10 years, the results of the census are used to reapportion the House of Representatives, determining how many seats each state gets.

It's in the constitution: The U.S. Constitution mandates that everyone in the country be counted every 10 years. The first census was in 1790.

It's about $675 billion: The distribution of more than $675 billion in federal funds, grants and support to states, counties and communities are based on census data. That money is spent on schools, hospitals, roads, public works, and other vital programs.

It's about redistricting: After each decade's census, state officials redraw the boundaries of the congressional and state legislative districts in their states to account for population shifts.

Taking part is your civic duty: Completing the census is mandatory—it's a way to participate in our democracy and "I COUNT!"

For more information, visit www.cityofluverne.org/2020census.

Luverne MINNESOTA Love the life!

WeCount. MINNESOTA 2020 CENSUS

Shape your future START HERE > | United States Census 2020

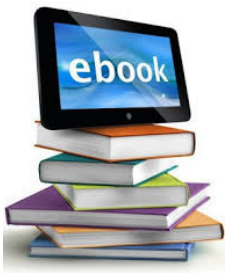
Wigformation

Are you unhappy with your hair? Do you need to wear a wig temporarily or long term? This informational class will give insight on wigs and toppers, how to choose a quality wig, how to care for it, and how to put on a wig.

Class #: W128
Instructors: Mary Petersen
Day: Monday, November 4
Time: 7:00 - 9:00 pm
Session: 1
Location: St. Catherine Classroom #3
203 W Brown
Fee: $5*

Discover eBooks!

Bring your smartphone or tablet to discover how the convenience of digital books can open a world of reading a book anywhere, anytime. Information will be shared about digital platforms available through the Rock County Community Library, which include OverDrive and RBDigital. Please bring your local library card, as this gives you free access to these tools. (If from Iowa or South Dakota you may purchase a Rock County Community Library membership card. Costs are $10 for a year or $1 for 3 months. Do this prior to class.)



Class #: D152 2 - 3 pm
Class #: D156 6 - 7 pm
Instructor: Calla Jarvie,
Library Director
Day: Tuesday, November 19
Time: See choices above
Sessions: 1
Location: Rock County Community
Library -- 201 W Main
Fee: No cost but please register **
****Fee paid by Blandin Broadband Grant**

Flower Arranging

Tired of designing floral arrangements that you just aren't happy with, but don't know why? Here is an opportunity to learn basic design principles of proportion, balance, and scale in a fun hands-on class. You will create a fall themed arrangement using those design principals. You will not be a professional when you leave--that takes practice, but you will gain confidence as you learn and understand the design process. Bring a paring knife and wire cutter. You take home the floral arrangement you make in class.

Class #: F125
Instructors: George Bonnema
Day: Tuesday, October 22
Time: 6:30 - 8:00 pm (or until done)
Session: 1
Location: Generations 319 E Lincoln
Fee: $35* (includes all materials)

Instructor will donate salary to the Opportunity Fund.

Google Sheets

Google Sheets allows you to create spreadsheets, lists, attendance records, etc. that you can edit and share with others -- all from your computer, smart phone or tablet. Learn how to use table styles and professional looking templates and discover helpful add-ons. Even better, it is all free with a Google account. Participants should have a google account set up prior to class.

Class #: G122
Instructors: Joe Schomacker
Date: November 12
Day: Tuesday
Time: 7:00 - 9:00 pm
Session: 1
Location: ES Computer Lab
Fee: $5 (Class sponsored in part by**
Blandin Broadband Community Grant)

SDSU VS. NDSU FOOTBALL GAME

The Dakota Marker is the trophy awarded to the winner of the annual football game played between the rival Division I North Dakota State University Bison and the South Dakota State University Jackrabbits. Both schools are members of the Missouri Valley Football Conference. In 2004, the move by both schools to Division I FCS prompted the creation of the trophy, as both schools lost their primary in-state rivals (NSDU/UND and SDSU/USD) who both remained in Division II at the time. The trophy is a model replica of the quartzite monuments that marked the border between North and South Dakota when Dakota Territory was split into 2 states along the Seventh Standard Parallel (45°56'07" N). The monuments were seven feet tall and ten inches square at the top and were mined and inscribed near Sioux Falls. 720 markers were placed at half-mile intervals along the border by Charles Bates in the summers of 1891 and 1892. The monuments were inscribed with the intitials "N.D." on the north side and "S.D." on the south side. The trophy weighs nearly 75 pounds and is commonly carried around the field immediately after the game's conclusion by the winning team. Always a fantasic football game to enjoy and cheer on your favorite time! Come and join us on this game day trip that includes your ticket into the game and coach bus ride. We will be stopping for supper after the conclusion of the game, which will be your expense.

Class #: S126
Tour Guide: Anne Foley
Location: Luverne Com Ed Parking Lot

Dates: Saturday, October 26
Time: 11:30 am - 7:15 pm
Fee: $95

CHANHASSEN THEATRE " MAMMA MIA"

One mom. One daughter. Three possible dads. And a trip down the aisle you'll never forget! ABBA's hits tell the hilarious story of a young woman's search for her birth father. This sunny and funny tale unfolds on a Greek Island paradise.On the eve of her wedding, a daughter's quest to discover the identity of her father brings three men from her mothers past back to the island they last visited 20 years ago. The story-telling magic of ABBA's timeless songs propels this enchanting tale of love, laughter and friendship, creating an unforgettable show. A large cast, non-stop laughs and explosive dance numbers combine to make Mamma Mia! a guaranteed smash hit for your entire family! Bus will make stops in Sioux Falls, Worthington, and Windom, so invite friends and family to join you. There will be a stop in Mankato on the way home for a light supper on your own

Class #: M123
Tour Guide: Anne Foley
Location: Luverne Com Ed Parking Lot

Dates: Saturday, November 23
Time: 7:15 am - 8:00 pm
Fee: $115

Wednesday Wellness Classes

Classes are taught by **physical therapist, Michelle Schuman**. The **fee of $5/class*** will be donated to the opportunity fund. Location is **Prairie Rehabilitation at 106 N Cedar Dr.** See classes, dates and times below.

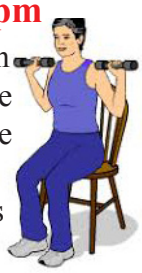
Class #: J112
Joint Pain
October 2
5:30 - 6:30 pm

Why do I have it? What can I do for it? How long before it goes away? Whether it is injury, arthritis, a strain, or just joint pain that won't go away -- come to class to learn things you can do for the pain.

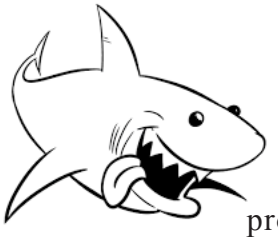
Class #: M155
Maximize Memory
October 30
Noon - 1:00 pm

Learn about the normal aging brain and maintaining brain function. Learn techniques to help you remember names, lists, birthdays, appointments, etc. from guest speaker, Aimee Morrill, speech language pathologist, along with Michelle. REMEMBER, the place to be on October 30 at noon is HERE! Bring your own sack lunch and we will provide dessert!

Class #: S194
Stay Strong As You Age
November 20 Noon - 1:00 pm



Let's do lunch! Bring your own brown bag lunch (dessert will be provided) and learn from Michelle and Jim Sherman (PTA) how and why strengthening exercises are SO IMPORTANT as we age. Appropriate for anyone age 50 & older!



Sharks in the Waters

Taxes -- long term care -- probate -- lawyers..... This class will teach you to avoid the biggest sharks in the waters of state planning. Attorney, Hannon T. Ford, will teach you how to best plan for your loved ones while avoiding the unnecessary taxes, costs and legal problems. We will discuss trusts, will, powers of attorney and health care directives and their best uses.

Class #: S145
Instructor: Hannon T. Ford
Date: Thursday, December 5
Hours: 6:30 - 8:30 pm
Sessions: 1
Location: CE802
Fee: $5**

***Denotes instructor will donate salary to the Opportunity Fund.*

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- Occupational Health Services

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www.PrairieRehab.com

School and Community Calendar

Early Childhood Screening	September 20
69th Tri-State Band Festival	September 28
Homecoming Coronation	October 7
Com Ed School Pictures	October 14, 15
MEA	October 17, 18
Indoor Marching Band Concert	October 21
HS Choir Concert	October 28
Chamber Halloween Treats	October 31
General Elections	November 5
MS/HS P-T Conferences	November 7
ELEM/MS/HS P-T Conferences	November 14
GEP Play	November 15-17
GEP Play	November 21-24
ELEM P-T Conferences	November 21
Thanksgiving Vacation	November 28, 29
Annual Winterfest	December 6, 7
MS/HS Choir Concert	December 12
Band Concert	December 6
Christmas Vacation	Dec. 23-Jan. 1
Winter Brochure Published	January 4
Winter Carnival	January 18
No School Staff Inservice	January 20
CE 5/6 Basketball Tournament	January 25
Early Childhood Screening	January 31
Winter Break	February 17
6/8 Band/Choir Concert	February 27
Com Ed Spring Pictures	February 24, 25
Kindergarten Conferences	March 5
Elementary PT Conference	March 5
HS/MS Conferences	March 23
Spring Play	March 27, 28
Easter Vacation	April 10
Spring Brochure Published	April 25
Prom	April 25
Spring Band Concert	May 8
HS Awards Night	May 11
Spring Choir Concert	May 15
Baccalaureate	May 17
Last Day of School	May 22
Graduation	May 24
Staff Inservice	May 26, 27
Buffalo Days	June 5-7

Listen every Monday/Wednesday/Friday morning at 7:50 for Cardinal School News on KQAD 800 AM. School board meetings are held monthly every 4th Thursday evening

Activity Tickets

Enjoy LHS regular season band and choir concerts, plays, and sports activities. Cost for a student is $4/event and an adult is $6/event at the door. The season pass could save you/your family money. You may pick up a pass at the Activities Director's office in the high school.

***Student Pass for Season $35**
***Adult Punch Pass 10 for $50.00**
***Adult Pass for Season - $85.00**
***Family Pass for Season - $200.00**
***FREE Golden Age Pass for Senior Citizens ages 65 and older residing in the Luverne School District**

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Rock County Community Library

201 W. Main St. Luverne, MN 56156
(507) 449-5040

Please join our storytime groups for stories, songs, crafts and lots of fun!

Fall Laptime Friday's from 10:30-11 a.m., September 27 - November 22
Open to **ages birth - 3 years with an adult--** no registration required

Fall Story Hour Thursday's from 10-11 a.m., September 26 - November 21
Please register your child **ages 4 - 5** by calling 449-5040.

Be sure to check out the library's facebook and website pages for monthly activities including author visits, trivia night, murder mysteries and more!

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www.alliancecom.net

Luverne Youth Wrestling

The Luverne Youth Wrestling Club is looking for boys and girls grades PreK-6th Grade.

Wrestling gives our boys and girls a satisfying feeling that they are able to work hard, improve their skills, face challenges, and overcome them.

Please contact any of the following for more information or questions:

Lance Ripka (507) 363-3418
Club President
Jenni Hawes (507) 215-1931
Club Vice President
Coach Cody Hess (605) 759-5674

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Students will learn:
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113 1/2 E Main, Luverne
Classes meet every Monday and Thursday evening, year round, with family rates available. For more information call 283-8390 on Monday or Thursday evening between 4:15 to 7:30 pm.

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Call Kelsey at 507-283-1302 or
Visit www.extension.umn.edu/county/rock

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Email: bmfsluv@yahoo.com

When you're ready for baby...

When you're ready for baby…Sanford Luverne is ready to help you prepare.
We offer a variety of educational classes to help you get ready, and stay confident as a new parent.

Thinking About A Baby? Sanford Luverne offers support and information for this important decision.
Wednesdays—Sept. 11, Oct. 9, Nov. 13 & Dec. 11 from 8:30 a.m. —11 a.m.

Understanding Birth Classes—Topics in this FREE class include possible signs of pre-term labor, what to expect during labor and delivery, comfort options available, postpartum care & more.
Saturdays—Sept. 21 & Nov. 16 from 8:30 a.m.—2:00 p.m. (lunch is provided)

Understanding Newborns Classes—This FREE class will help you prepare for caring for your newborn, feeding him or her, knowing what to do in various situations and when to seek help.
Mondays—Sept. 23 & Nov. 18 at 6:30 p.m.

Optimizing your Birth Experience
Learn relaxation, breathing and coping techniques to prepare you for the childbirth experience.
Mondays—Oct. 7 & Dec. 2 at 6 p.m.

Understanding Breastfeeding Classes—gain a better understanding of the breastfeeding process.
Mondays— Oct. 14 & Dec. 9 from 6:30p.m. to 7:30 p.m.

Infant CPT and Safety
Learn CPR skills and information on choking, SIDS and home accidents.
Monday—Oct. 21 at 6:30 p.m.

Baby Gourmet: Baby Food Making 101
Join our Sanford registered dietitian for this fun class to make more nutritious and less expensive baby food. Cost is $10 per participant.
Monday— Nov. 4 at 6 p.m.

Call **(507) 283-2321** for more information or to register for the classes listed above.

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Luverne Area Aquatics & Fitness

802 N. Blue Mound Ave
PO Box 659
Luverne, MN 56156 website:
www.cityofluverne.org
email: luvernerec@iw.net 507-449-5036

POOL CLOSED SEPTEMBER 16th FOR FALL MAINTENANCE AND WILL RE-OPEN OCTOBER 14th
FITNESS CENTERS WILL REMAIN OPEN

Open Swim

Mon, Tues, Wed & Thurs	7pm-8:50pm
Tuesday & Thursday	1:30pm-3:30pm
Friday	6pm-8:50pm
Saturday	1pm-6:50pm
Sunday	1pm-4:50pm
Tuesday Wading pool only	**9am-10am**

Fitness Center Hours

Monday - Friday	5:00am - 9:00pm
Saturday	7am - 7:00pm
Sunday	1pm - 5:00pm

DISCOUNT DAYZ

Everyone Swims or Workouts for $1.50
TUESDAYS & THURSDAYS
1:30-3:30pm & 7:00-8:50pm

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General Admission

Adults - $3.75
8 – 18yrs - $2.00
7 & under (must be with adult) - $1.50
Active Ager (55 yrs & older) - $1.75
Fitness Center (14 yrs old & older) - $5
Pool & Fitness Pass - $6 **Spectator fee $1.00**

FALL 2019

American Red Cross

REGISTRATIONS WILL BEGIN SEPTEMBER 17th

Levels

Important change NOW 9 lessons for 40 minutes

PARENT CHILD- for children age 6 month to 3 yrs and their parent 2 levels.

PRESCHOOL AQUATICS – for ages 4 and 5 three levels to complete.

PROGRESSIVE LEARN TO SWIM – 5 yrs & up

Level 1 – Introduction to Water Skills
Level 2 – Fundamental Aquatic Skills
Level 3 – Stroke Development
Level 4 – Stroke Improvement
Level 5 – Stroke Refinement
Level 6 – Personal Safety

Note: In order to appropriately schedule staff, we prohibit class **switching** five days prior to the start date. The Luverne Area Aquatics and Fitness reserves the right to **cancel** or **combine** any class if registrations are too few.

Lesson Dates & Times

Cost: $30.00

Tuesday & Thursday 6:15-6:55pm
October 22 – November 19

Parent / Child (only) lessons
Monday & Wednesday 6:15-6:55pm Nov 4-Dec 4

Payment required when registering for lessons

Private Swim Lessons

There are a few times when an individual may want to look to participate in private swim lessons versus a traditional group lesson. The Luverne Area Aquatics & Fitness does offer these lessons on a limited basis for those who inquire. You can choose from two options;

5 sessions for ONE hour OR 10 sessions @ 30 minutes.

The lesson will be taught based on the current level of that individual.

For more information please contact Luverne Area Aquatics & Fitness at 449-5036.

Private 1:1 Ratio $160 --Semi Private 1:2 Ratio $260
Or $25.00 an individual ½ hour lesson no minimum or max lessons required

CALL 507-449-5036 FOR ANY QUESTIONS AND OR TO REGISTER FOR CLASSES!

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Looking for an **excellent** part time, **WELL PAYING** job? Take our lifeguard training class! You can earn certificates in lifesaving, first aid & CPR. Valuable skills you can and will utilize! This class will be a blended learning class with online work REQUIRED before the class
December 27, 28, 29, 30, 7am-4pm COST $185.00

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